HOW DO I VOLUNTEER?

- 1. Call the Community Visitors Scheme Coordinator on 0419 631 781 to learn more about the scheme.
- 2. Talk to the Coordinator about receiving an Application Form.
- 3. Fill out and return forms, including National Criminal History Record Check.
- 4. Once approved, you will be matched with a resident and introduced. Training and support will be provided.

Would you like to become a CVS Volunteer?

The CVS Program is always recruiting more Volunteer Visitors who have some spare time and compassion for older people in our community.

If you are interested to become a volunteer community visitor please contact us on 0419 631 781 or email dubbo@centacarebathurst.com.au

Centacare

Centacare is a not for profit social services entity of the Catholic Diocese of Bathurst.

Its vision is for a society in which there is full recognition of the rights and responsibilities of all, a community that values families and relationships and promotes dignity, equality, respect, and participation of all, especially the vulnerable and disadvantaged.

FAMILY RELATIONSHIPS AND COMMUNITY SERVICES

Serving the Central West &
Orana Regions

www.centacarebathurst.com.au

BATHURST 107 William St PO Box 1215 Bathurst NSW 2795 Ph: 02 6331 8944 Fax: 02 6331 8021

DUBBO 28 Cobra St PO Box 2083 Dubbo NSW 2830 Ph: 02 6885 0277 Fax: 02 6882 7012



Community Visitors





WHAT IS THE COMMUNITY VISITORS SCHEME?

The Community Visitors Scheme provides trained and friendly volunteer visitors to older people in our community at risk of social isolation.

Community Visitors provide one-to-one visits once a week or once per fortnight and offer friendship and companionship.

The scheme is for elderly residents living in aged are homes who experience loneliness where a visitor is matched with a resident to provide regular companionship.

The Community Visitor Scheme enriches the quality of life for people who would benefit from a friendly visitor. The program also helps them to feel more connected with their local community.

WHAT DO VISITORS DO?

Community Visitors volunteer their time regularly and develop a relationship with the resident.

Activities can include:

- · Just sitting and chatting
- Playing a board game or cards
- Listen to music
- Taking a walk

- Having a cuppa
- Work on a hobby together

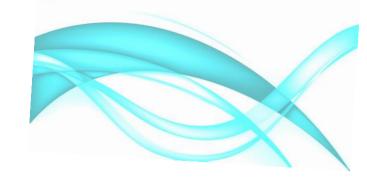
The activities you do together will be dependent on the resident's needs. Sometimes these activities can include 2 or 3 residents.

IS THIS FOR ME?

Are you.

- Someone who likes and wants to help people?
- Able to listen to someone else's stories or concerns with patience and understanding?
- Someone who can spare an hour a fortnight and make a regular commitment to volunteering?
- Willing to undergo National Criminal History Record checks?

Enriching the lives of people in aged care homes





SUPPORTING YOU

The coordinator aims to match you with a resident, by considering your interests and hobbies.

Your ability to speak another language or your cultural background may also assist with the match.

The coordinator supports you throughout your volunteering experience.